Abstract

PREOPERATIVE HIGH DOSE CHEMOTHERAPY FOR GLIOBLASTOMA: REPORT OF A 6 YEAR DISEASE-FREE SURVIVAL

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A 25 year old male presented with a residual 3 X 3 cm. growing mass 1 month after the incomplete resection of a large giloblastoma multiforme (GBM). After he refused radiation therapy (RT) chemotherapy was started with high dose methotrexate (HDMTX) at the dose of 12 Gm/M escalating to 30 Gm/M with leucorvin rescue (LR) given sequentially with high dose carboplatinum (HDC) followed by autologous peripheral stem cell reinfusion (PSCR).



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Abstract (continued)

After 6 courses of HDMTX with LR and 2 courses of HDC and PSCR one dose of stereotatic RT was given to the residual (less that 1 cm.) mass. One month later complete surgical resection of the lesional area was performed. Because of wide resection through the ventricle, 2 doses of HDMTX (30 Gm/M) with LR were given postoperatively. Over six years later, the patient is alive with no evidence of recurrent disease. He never received other RT, and has normal cognitive and neurologic function. Based upon this experience, a trial of preoperative chemotherapy and fractionated stereotatactic RT prior to (and making possible) a curative surgical procedure is proposed for the treatment of GBM. This model to make tumors (whose local recurrences cause death) more surgically curable through the use of effective preoperative therapy is an extension of our successful treatment of bone and soft tissue sarcomas.

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Introduction:

High Grade Gliomas Are Cured Only By Total Microscopic Surgical Removal......But

Surgery Is Hardly Ever Curative Because Of Residual Infiltrating Microscopic Disease, Or Because Of Tumors That Are Too Big To Totally Remove Without Devastating Neurologic Sequelae.







Introduction (Continued):

In The Past 30 Years The Cure Rate Has Not Been Increased With All Types Of Postoperative Radiation Therapy And Chemotherapy.

These Modalities Can Only Modestly Increase Survival, The Quality Of Which Is Greatly Diminished By the Effects Of Irradiation On Normal Brain Tissue.







Purpose Of Proposed Study:

To Utilize Preoperative Chemotherapy To Reduce The Size Of The Tumor. This Action Occurs At The Rapidly Growing Infiltrating Peripheral Border, Thereby Eliminating Microscopic Invasion Of Surrounding Brain As The Tumor Shrinks. Preoperative Stereotactic Irradiation Can further Shrink The Tumor And Produce Reactive Gliosis Around The Residual Mass, Making Delayed Surgical Removal Potentially Curative.



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Fig. 1
Large Enhancing Mass: Biopsy Showed "High Grade Glioma"

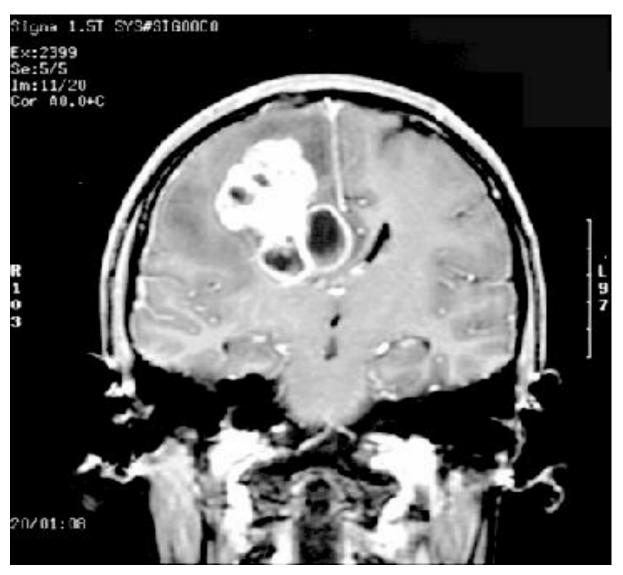


Fig. 2
Residule/Recurrent Tumor 2 Mo. After Attempted Removal at UCSF
Surgical Specimen Was Read As Glioblastoma Multiforme

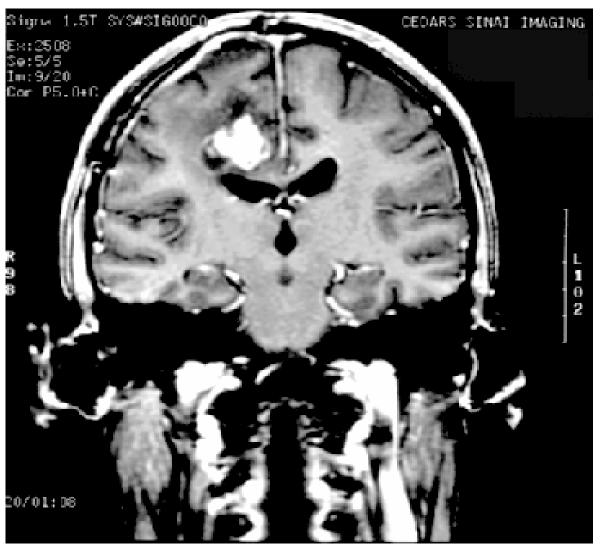


Fig. 3.

Preoperative Chemotherapy Was Given For 6 Mo. Followed By
Single Dose Stereotactic R.T. 2 Mo. Later Surgery Was Performed

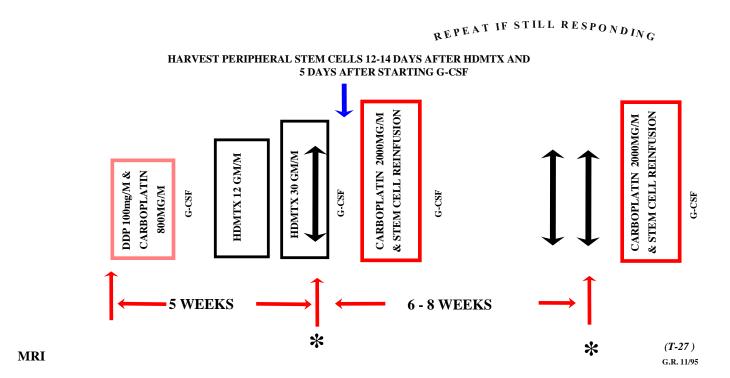


Fig. 4.
Response To Preoperative Therapy (8 Mo. After Recurrence)



After Curative Resection Chemotherapy Was Stopped After 2 More Doses of HDMTX (30 Gm./M 2) Last Neg. MRI Was March, 20001



Treatment Strategy:

- 1. Biopsy (Stereotactic) Only To Avoid Wide Field Tumor Contamination.
- 2. Aggressive Chemotherapy (Very High Dose Methotrexate And High Dose Carboplatinum With Stem Cells)
- 3. Stereotactic R.T. (Fractionated)
- 4. Radio-Enhancing Chemotherapy (HDMTX)
- 5. Curative Surgery



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Advantages Of This Treatment Strategy:

- 1. Potentially Can Increase The Cure Rate For High Grade Gliomas, At The Very Least Increases Quality Overall Survival
- 2. Limited Chemotherapy (With Low Carcinogenic Potential)
- 3. Limited Radiation Therapy To Prevent Cognitive Dysfunction And Normal Brain Tissue Necrosis





PREOPERATIVE CHEMOTHERAPY FOR GLIOBLASTOMA: Conclusions:

- 1. This Different Approach is:
 Feasible
 Tolerable In All Age Groups
 Potentially Curative
- 2. With Modern Medical Management "Emergency Surgery" is Seldom Necessary
- 3. Preoperative Therapy Has No Detrimental Effect On Eventual Surgical Recovery.







"The Definition Of An Idiot Is Someone Who Keeps Repeating The Same Thing And Expects Different Results"

Mark Twain





